The Ohio State University Extension brings the knowledge of the university directly to you. No matter which county you visit, you can find people who are helped by the four major OSU Extension program areas: family and consumer sciences, 4-H youth development, community development, and agriculture and natural resources. These program areas – and many other special topics – are continuously being evaluated and updated to meet the changing needs and issues facing each community. Extension provides practical advice, sensible solutions, and realistic down-to-earth answers for ALL Ohioans.

Upcoming Programming to Share with your Organization:

**Cybersecurity Help, Information, and Protection Program:** VIRTUAL ZOOM Session
May 11, 2021, 12:30 pm  As consumers of all ages rely more and more on technology, it is vital we understand how to protect our electronic devices and keep personal information private. Learn about the importance of both security and privacy, including the special challenges presented by use of smartphones and other mobile devices. (flyer attached)

Join by using the link below
https://osu.zoom.us/j/92317976140?pwd=K28vM3pkOTVpUXp4ZG1nWkFFMXJ3QT09
“SENIOR SCAMS” : VIRTUAL ZOOM Session
May 27, 2021, 12:30 pm Seniors (ages 60 and up) are particularly vulnerable to fraud and scams; however, may incidents likely go unreported. Learn about the latest scams targeting our senior population and find out how to protect yourself and your loved ones. (flyer attached)
Join by using the link below
https://osu.zoom.us/j/93256634965?pwd=RCtZY1cvS01ZdTdWbFU3cEU3VTd09

Wellness Wednesdays: VIRTUAL ZOOM Sessions
The Live Healthy Live Well team is pleased to offer wellness webinars the 2nd and the 4th Wednesday of each month – 12:00 pm -12:30 pm. Registration is Free, and you can register for one or more. Visit go.osu.edu/wellnessweds (Flyer attached)

FOOD PRESERVATION BASICS : VIRTUAL ZOOM Session
Are you interested in learning about food preservation? Join us for these free webinars hosted by Ohio State University Extension. The first half hour will consist of a lesson on the topics selected, followed by 30 minutes of open questions and answer time. You are welcome to register for just one or all of them. (flyer attached)

Dining with Diabetes: VIRTUAL ZOOM Session
Do you or someone you love have diabetes? With 30 million diabetics in America, you are not alone! You will learn how to incorporate good, healthy cooking techniques and other practices to help control your blood sugar through our cooking school and nutrition education program designed for people with diabetes and their family members or caregivers. Dates are May 3, 10, 17 and 24 from 10 a.m. to Noon
Register at go.osu.edu/diningwithdiabetes52021
A zoom link will be sent to your email address 24 hours before the class.
4-H Youth Development Highlights

Afterschool Programming for Kindergarten-5th Grade
Afterschool programming with Garfield, McKinley, and Crestview Elementary students has ended for the 2020-2021 school year. 39 sessions were completed throughout the school year (virtually and in-person) focusing on team-building, communication, STEAM, and healthy living.

Building Leaders, Building Beds
The Jr. Leaders of Columbiana County are working hard to become strong leaders. Youth members have been working together and learning by other teen leaders in Ohio through learning sessions and community service opportunities. Recently, they helped the Sleep in Heavenly Peace organization in building beds for kids in need in Columbiana County.

Summer is Here!
Extension is busy planning for numerous summer events. Camp Whitewood is open for overnight summer camping. We are looking forward to a fun filled week for youth ages 8-14 the week of June 26-July 2.
Again, this year we will be partnering with the Department of Job and Family Services to offer fun filled day camps for children within the foster care system.
We are also excited to be partnering with United Local School for their United STEAM Summer Camp for Kindergarten- 8th grade students. Camps will be held in June and August.

Generation Rx- Safe Medication Practices for Better Health
OSU Extension is looking for sites to host informational sessions about safe medication practices for older adults, ages 65 and up. Participants will learn best practices for safely storing medication and ways to dispose of unused medication. Incentives given to all participants.

Agriculture and Natural Resources Highlights

Master Gardener Volunteers: ASK A MASTER GARDENER call 330-424-7291 to get connected with a Master Gardener to answer your questions.

The Smucker House in Salem is sponsoring All About the Buds Event on May 22 (Flyer attached) Here from a Beekeeper and learn about Monarch Butterflies.

Pesticide/Fertilizer Training coming on June 21st. More information to come.
Family and Consumer Science

**Level 2- Serv Safe Training:** The OSU Extension offers the TAP online Level 2 Food Safety Training. You can complete the online course at your own speed and at a time that works for you. Once training is completed, you will take a proctored certification exam at OSU Extension in Columbiana County. **Cost:** $180 per person. **For Questions? Call Angie Keshock at 330-870-1167.**

**DATES SET FOR PRESSURE GAUGE TESTING**
- June 9, 2021, 1-4 pm Columbiana County Fair, Fair Admin office
- July 14, 2021, 1-4 pm Columbian County Fair, Fair Admin office
- August 11, 2021, 1-4 pm Columbiana County Fair, Fair Admin office

**COMMUNITY NUTRITION PROGRAMMING**

**SNAP-ED PROGRAMMING**

**PROMOTIONAL VIDEOS** The SNAP-Ed program assistances launched their promotional videos to K-12 schools. They have had over 109 video views. The links have been sent to 17 local schools and 12 community partners. If you would like more information about SNAP-Ed programming, contact Erika Kraus at 330-870-1171 or email her at Kraus.192@osu.edu

**ONLINE CLASSES AVAILABLE:** If you are interested in online nutritional classes through the SNAP-Ed programs, contact Erika Kraus or Corinna Gromley at 330-870-1171.

**EFNEP (Expanded Food and Nutrition)** Check out Facebook Page OSU EFNEP Educational Resources **HERE:**
[https://www.facebook.com/groups/678017552742467/](https://www.facebook.com/groups/678017552742467/)

Check out the OSU Extension Facebook page to see their newsletters.
If you would like more information about any of the program areas, please contact us at 330-424-7291.

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<tbody>
<tr>
<td>Angie Keshock Office Associate</td>
<td>330-424-7291/330-870-1167</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:Keshock.3@osu.edu">Keshock.3@osu.edu</a></td>
</tr>
<tr>
<td>Audrey Dimmerling 4-H Educator</td>
<td>330-870-1165</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:Dimmerling.13@osu.edu">Dimmerling.13@osu.edu</a></td>
</tr>
<tr>
<td>Renee Eichler Program Assistant, EFNEP</td>
<td>330-870-1166</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:Eichler.33@osu.edu">Eichler.33@osu.edu</a></td>
</tr>
<tr>
<td>Erika Kraus Program Assistant, SNAP-ED</td>
<td>330-870-1171</td>
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<td><a href="mailto:Kraus.192@osu.edu">Kraus.192@osu.edu</a></td>
</tr>
<tr>
<td>Corinna Gromley Program Assistant, SNAP-ED</td>
<td>330-476-3020/330-424-7291</td>
</tr>
<tr>
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<td><a href="mailto:Gromley.8@osu.edu">Gromley.8@osu.edu</a></td>
</tr>
<tr>
<td>Eric Barrett Area Leader</td>
<td>330-424-7291</td>
</tr>
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<td></td>
<td><a href="mailto:Barrett.90@osu.edu">Barrett.90@osu.edu</a></td>
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**VISIT OUR WEBSITE HERE:** [https://columbiana.osu.edu/home](https://columbiana.osu.edu/home)

**FACEBOOK PAGE:** [https://go.osu.edu/colfacebook](https://go.osu.edu/colfacebook)

**We gratefully acknowledge the continued help and financial support of our Columbiana County Commissioners**

Mike Halleck, Tim Weigle and Roy Paparodis

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