OHIO STATE UNIVERSITY EXTENSION













Columbiana County News and Notes

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How to Contact Us: Columbiana County Extension Office

Inserts:

Carving New Ideas

7989 Dickey Dr. Suite 5 Lisbon, OH 44432

Phone: 330-424-7291

Website: www.columbiana.osu.edu

Email: Nicole Miller (4-H Educator) Miller.7933@osu.edu

Angie Keshock (Office Associate) Keshock.3@osu.edu

Kelley Casto (EFNP Program Assistant) Casto.142@osu.edu

Office Hours Monday 8:00 a.m.- 4:30 p.m. Tuesday 1:00 p.m. - 4:00 p.m. Wednesday 1:00 p.m. -4:00 p.m. Thursday 8:00 a.m. - 2:30 p.m.

Friday Office By Appt Only

A Special Thank you to the 4-H Program Advisory Committee for their Fundraising throughout the week of Fair!

KISS THE CRITTER

This year's Critter was a goat that was kissed by Bob Black. Bob thank you for being such a great sport! The proceeds from Kiss the Critter will help us continue the mailing of the newsletter throughout the 2017 year. This is greatly appreciated since the newsletter is the main source for the OSU -Extension office to get information to the 4-H families and volunteers. – THANK YOU to all that donated their pennies to this great event!

SILENT AUCTION BASKETS

4-H Clubs and Volunteers donate baskets to be displayed in the Junior Fair building the week of fair. They are then displayed for all fairgoers to see and place their bid for that basket. All proceeds will go back into the 4-H Program Advisory Committee funds to help the 4-H program in Columbiana County.

The following is a list of 4-H Clubs/Volunteers that donated baskets and the amounts brought in. Thank you to all of our winners of the baskets. It would not have been possible without your support to the 4-H program!

Bardo Hill Farms	
Can Do Country Kids	
Barnyard Buddies	
Country Hands	
West Township	
Kids N Kritters	
Franklin Jr 4-Hrs	
Lone Rangers	
Col. County Dairy Princes	2
Col. County Dairy Princes	
Saddlelites	3
Country By Heart	
Farmer's Pride	
Circle 62	
Country Wranglers	
Jr Leaders	
Outlaws with Attitude	
Country Wind Farmers	
Dairy Committee	
4-H Ambassadors	
Just Rite	
Hicks & Hayseeds	
Junior Workers	
4-H Scouts	
New Alexander EverRead	У

Homemade Ice Cream Basket	\$75.00
Sundae Basket	\$50.00
John Deere Basket	\$100.00
Americana Basket	\$115.00
Movie Night Basket	\$35.00
Movie Night Basket	\$45.00
Garden Basket	\$100.00
Outdoor Activities Basket	\$210.00
Dairy Booster Basket (1)	\$125.00
Dairy Booster Basket (2)	\$65.00
Summer Pool Fun Basket	\$75.00
Pet Basket	\$30.00
Bath & Body Works Basket	\$70.00
Campfire Basket	\$275.00
Fun Times Basket	\$140.00
BBQ Basket	\$100.00
Western Basket	\$115.00
Car Care	\$45.00
Dairy Cheese Basket	\$85.00
4-H Grows Here garden basket	\$30.00
Coffee Basket	\$205.00
Home Sweet Home Table/Basket	\$250.00
Baking Basket	\$60.00
Day at the Pool w/Corn Hole Basket	\$220.00
Garden Basket	\$95.00



2016 ROYAL COURT

4-H Queen: Vaughn Unger

Royal Court: Brooke Hofmeister Mickalia Ayers **Lucy Baer Hunter Urmson** Becca Bock



4-H King: Brandon Veiock

Jarod Herron Caleb Ayers Quinton Ayers Dylan Rothwell Kyle Wade

Congratulations to these Outstanding Youth!!!!



2016 Species Ambassadors and Queen/Princesses

AMBASSADORS

Poultry/Waterfowl:

Rabbit:

Courtney Banks

Allison Slutz

Goat Ambassador: Pygmy

Alli Hall

Hog: Turkey: Hannah Hephner

Liz Cusick

Meat: Sami Stryffeler

Dairy: Abby Donkin

Lamb/Wool Queen:

Rachel Amos

Lamb/Wool Court:

Megan Amos

Ashley Hahn

Sarah Jarvis

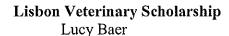
Saddle Horse Princess: Alexis Knight

SCHOLARSHIP RECIPIENTS



4-H PAC Book Scholarships

Sara Fraser Dylan Rothwell Lucy Baer





OUTSTANDING STILL PROJECT AWARDS

Kathy Burbick Award: Paige Irwin

Donna Merrick Award:

Erica Shafer



Get Healthy at the Fair Winners

Those that participated in the Get Healthy at the Fair daily events got to put their names in for a drawing for a Fit Bit Tracker.

The winners are:

Justin Keir

Jace Medure

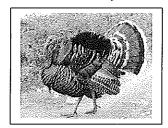
We hope that you continue to stay healthy with some of the fun activities that you learned!

2016 4-H Bright Futures Award sponsored by Green Leaf and Tractor Supply

Nicole Miller awarded the 4-H Bright Futures Award during the week of fair to Erica Shafer of the Rowdy Wranglers 4-H Club. Erica has accomplished many things throughout the 2016 year. She was awarded a partnership with the Ohio Beekeepers Association. She also participated in the Columbiana County Still Project Fair being awarded the State Qualifier to participate in Columbus, Ohio at the Ohio State Fair. She also took a Turkey project to the Columbiana County Fair.







2016 Fair Booth Winners:

Youth Organization Category:

Southern FFA 1st

2nd Rough Riders (Kay Mangus)

3rd Lone Rangers



YMCA Category:

Farmers Pride 1st 2nd Country Hands

Franklin Jr Farmers 3rd



Soil and Water Conservation Category:

Rowdy Wranglers 1st

New Alexander EverReady 2nd

United FFA 3rd







4-H Teen Council

We are excited to introduce the Columbiana County 4-H Teen Council! As we are striving to mirror the State Level 4-H leadership model, while still focusing on our county youth's education and specific needs, we have come up with an exciting and convenient county leadership program. All youth ages 14-18 wishing to participate in our leadership areas which include Camp Counselors, Royal Court, County Ambassadors, and Health Advocates may apply to be part of the teen counsel. Areas of focus will include public speaking, community involvement, program delivery, 4-H promotion, mentoring, and teaching. The Extension office staff is currently recruiting exceptional youth by obtaining nominations through our 4-H club advisors and interested county youth. For more information please contact the Extension office at 330-424-7291 we will be happy to talk with anyone who is interested in becoming part of the Columbiana County 4-H Teen Council.



Thank you to all of the 4-H Advisors that helped the 4-H Youth with their 2016 Still projects and Species projects.

All of our youth had a successful year!

4-H ADVISOR ROUND TABLE

October 26th at 6:00 p.m. at the Extension office REGISTER BY MONDAY, October 24th call 330-424-7291 or email Keshock.3@osu.edu

As the 4-H Youth Development program has changed over the years, this is a great opportunity for you to sit down to get together with other 4-H Advisors and the 4-H Educator to review any concerns, ideas and questions you may have. We will also be talking about what things you would like to see as volunteers to help you be the best that you can be as youth mentors.

4-H Advisor Kick-off For 2017

When: Thursday, December 8th at 6:00 p.m.
Where: OSU Extension office – Columbiana
REGISTER BY MONDAY, DEC 5th
call 330-424-7291 or email Keshock.3@osu.edu

This year we will be having a 4-H Advisor Kick off to the 2017 4-H year. We are asking that one representative from each 4-H Club attend this kick-off to receive the 4-H Club packet and to review the packets. We will be going over the expectations for 2017. We are doing this because we only had 5 4-H Clubs submit all items correctly. The 4-H Enrollment forms are crucial to being filled out correctly so the youth are registered for the correct project. If you are unable to attend, a representative from the 4-H Club will need to make an appointment with Nicole to pick up the 4-H Club packet.

4-H RECOGNITION BANQUET

Volunteers look for more information to be mailed to you about the upcoming volunteer banquet. This is a dinner to recognize the efforts of the wonderful Volunteers in Columbiana County.

4-H PROGRAM ADVISORY COMMITTEE MEETING

Meeting Dates: Tuesday, 9/20/2016 at 7:00 p.m. Monday, 10/17/2016 at 7:00 p.m.

The 4-H Program Advisory Committee is looking for new members. We are looking for individuals that are interested in the following areas of 4-H:

Camp
Day Camps
Cloverbud
Healthy Living
Leadership/ Building Youth Leaders
Advisors
In School programming
After School programming
Fundraising

If you are interested in learning more about being a part of the group of volunteers that help build and shape the 4-H Program in Columbiana County, please call the OSU Extension office to learn more. If there are other areas that you would like to see happen in Columbiana, we would like to hear your ideas.

(330) 424-7291



Are you interested in becoming a 4-H Volunteer?

There are many great opportunities to volunteer in the 4-H Youth Development program. Now is the perfect time to join our team!



COLUMBIANA COUNTY JUNIOR FAIR

SALES CHECKS

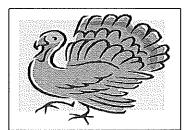
The Sales Checks are mailed from the Columbiana County Fair Office. The Checks will be mailed in October. If you have any questions concerning the Jr Fair sales checks, please contact the Columbiana County Fair office at 330-424-5531.

Columbiana County Fair Board Meetings are held on the 3rd Wednesday of the month. All meetings are held at the Sales Office on the Fairgrounds. See below for upcoming Fairboard meeting dates: Wednesday, 9/21/12016 at 7:00 p.m.

Wednesday, 10/19/2016 at 7:00 p.m.

GETTING READY FOR 2017 4-H YEAR

Below are items that are VERY IMPORTANT to those that are taking certain animals to the Columbiana County fair in 2017



ANY YOUTH INTERESTED IN TAKING A TURKEY TO THE 2017 JUNIOR FAIR

If you are planning on taking the Turkey project to the Columbiana County Fair, you will need to place a poult order with the Turkey Committee.

LOCATION:

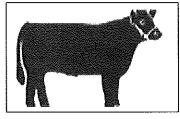
Sales Office on the Fairgrounds

DATES/TIMES:

Sunday, 11/13/16 from 6:00 – 7:00 p.m. Sunday, 12/11/16 from 6:00 – 7:00 p.m.

COST:

\$



STEER/ BEEF FEEDER/ BEEF BREEDING 2017

Steer Registration: If you are planning on taking the Market Steer Project to the Columbiana County Fair, you will need to register your steer.

LOCATION:

Sales Office on the Fairgrounds

DATES/TIMES:

Thursday, 11/10/16 from 6:00 – 8:00 p.m.



STEER/BEEF FEEDER/BEEF BREEDING 2017:

CMT Cattle Blast at the Canfield fairgrounds on **October 1**st & **2**nd will count as a clinic for the 2017 Steer/Beef Feeder/Beef Breeding 4-H year.

TIME TO START TO PLANNING WHICH 4-H PROJECTS YOU WILL BE TAKING IN 2017

If there are any 4-H projects that you are thinking about taking for the 2017 year and you have any questions about that project, contact the OSU Extension office. You can purchase 4-H Project books (*if available*) anytime throughout the year. The cost is \$6.00 plus tax (7.25%).

AGRICULTRUAL NEWS

FARM SCIENCE REVIEW

September 20 – 22 2016
If your business is agriculture, our business is you.



September 20-22

COST: \$7 presale Sold at the OSU Extension office or \$10 at the gate

This year's Ohio State University Farm Science Review celebrates its 54th year and includes lots of newsworthy events, exhibits and presentations. Mark your calendars for Sept. 20-22, and be sure to join us at the Molly Caren Agricultural Center in London, Ohio.

- There will be over 600 exhibitors and over 3,000 product lines all in one place at the 80+ acre exhibit area.
- You will be able to engage in numerous Q&A sessions, expert panels, hands on workshops and live demonstrations led by educators from 2 mid-west land grant universities, featuring topics like the Farm Bill, water quality regulations and unmanned aerial systems (UAS).
- Come out and see the best of the best in farm equipment. The machinery will be in action at several of the field demonstrations.

PESTICIDE RECERTIFICATION TRAINING

November 21, 2016 from 6:00 to 9:00 p.m. at the OSU Extension office Columbiana

Please Register by November 20, 2016 (space is limited) Call 330-424-7291 to register.

More information will come in the upcoming months.

We have available through our office some items that you might be looking for:

- ➤ Soil Tests (Cost \$10 plus tax)
- > Farm Science Review Tickets (\$7)
- > Ohio Farm Account Books
- > And many other items

efnep

Watermelon, Orange & Feta Salad

KITCHEN GEAR

Measuring Cup Sharp knife Cutting board Measuring Spoons Large Bowl Spoon for stirring

INGREDIENTS

3 to 4 cups cubed seedless watermelon
1 large orange, peeled, sectioned and diced
½ cup crumbled low fat feta cheese
2 T chopped fresh mint, basil or parsley leaves
Pinch of salt and black peper

INSTRUCTIONS

- 1. Put everything in the bowl and toss.
- 2. Serve right away or cover and Refrigerate up to 2 hours.

EFNEP PARTNERS

This program has partnered with the following places:

Way Stations of Columbiana County

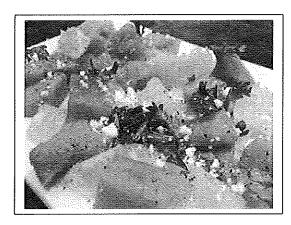
Head Start of Columbiana County

WIC of Columbiana County

CCCTC Adult Education

Columbiana Mahoning Housing Authority

Columbiana County Health Department



DO YOU KNOW OF ANY GROUPS THAT WOULD BE INTERESTED IN LEARNING MORE ABOUT OUR FOOD & NUTRITION PROGRAM? Please contact the OSU Extension office and let us know. We would be happy to give you more information about the program and see if we can set up a date to start classes!

EFNEP

EFNEP (Expanded Food and Nutrition Education Program) is a free nutrition education program offered in several counties in Ohio for low-income adults with children and youth. Program assistants use interactive discussions and hands-on activities to guide participants through a series of meetings aimed at improving the total family diet and nutritional well-being.

The adult program teaches low-income adults with children how to make healthier food choices, manage their food resources, improve their food safety practices, and provides ideas on how to get active with their families.

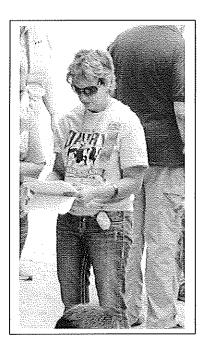
The youth program teaches kids about nutrition, food preparation, food safety, and physical activity during a sixweek, interactive program in classrooms, after-school programs/camps, and summer feeding sites.

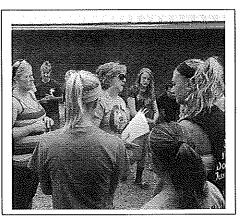
EFNEP is funded by the National Institute of Food and Agriculture (NIFA), a branch of the United States Department of Agriculture (USDA). The program operates through Extension offices at land-grant institutions in every state and in the six U.S. territories. In Ohio, EFNEP is administered by Ohio State University Extension.

If you are interested in having these classes, please contact Kelley Casto at 330-424-7291.

4-H Grows Leaders...

We are recognizing 4-H youth and volunteers for the good they do & their courage to try new things





4-H Volunteer ...

Paula Bardo of Salem, Ohio is the head advisor of Circle 62 4-H Club. In addition to being a club advisor she is also a member of the dairy committee and part of the 4-H program advisory committee. Paula and her husband Les own Bardo Hill Farm where they milk registered Brown Swiss and Holstein Cows. In the summer months, Paula uses the farm to hold meetings where her club members do project talks with the animals as well as fun activities. 22 years as advisor and 16 years on the dairy committee, Paula has influenced many 4-H youth to try their best to be the best. One way she has influenced her club in this way is through the project books. At the meeting she encourages members to work on their books and learn something new but complete the project. Another way is through community service. Circle 62 participates in several community service projects, for instance the club members clean the Damascus Historical Society's properties of litter and sticks or Christmas and Easter cards for nursing homes. The community service projects help the youth take pride in their community as well as in helping others. Paula is a 4-H advisor who cares about the 4-H program and the youth involved with it. Without people like Paula the 4-H program would not be as much of a success as it is today.

If you know of an outstanding 4-H youth member or 4-H adult volunteer that we can recognize for their accomplishments of leadership and dedication to the 4-H program, please contact our office at 330-424-7291.



UPCOMING CALENDAR OF EVENTS: SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 3:00 Science of Healthy Living (Wellsville)	2	3
4	5 OFFICE CLOSED	6	7	8 3:00 Science of Healthy Living (Wellscille)	9	10
11	12	13	14	15	16 3:00 Science of Healthy Living (Wellsville)	17
18	19	PARM SCIENCE REVIEW (London, OH) 7:00 4-H PAC mtg (Extension office)	PARM SCIENCE REVIEW (London, OH) 7:00 Senior Fairboard Mtg (Sales Office)	FARM SCIENCE REVIEW (London, OH) COME OUT AND SEE NICOLE GIVE A WORKSHOP!	23 3:00 Science of Healthy Living (Wellsville)	24
25	26	27 6:00 Sales Committee Mtg (Sales Office)	28 OFFICE CLOSED (MANDATORY REGIONAL MEETING FOR EMPLOYEES IN WOOSTER)	29	30 3:00 Science of Health Living (Wellsville)	and the state of t

OCTOBER:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						4-H Teen Council Applications Due (can turn in on Monday due to the weekend)
2	3	4	5	6	7	8
NATIONAL 4-H WEEK					3:00 Science of Health Living (Wellsville)	
9	10	11	12	13	3:00 Science of Health Living (Wellsville)	15
16	7:00 4-H PAC mtg (Ext office)	18	19 7:00 Senior Fairboard Mtg (Sales Office)	20	3:00 Science of Health Living (Wellsville)	22
23	24	25	26 6:00 4-H Advisor Round Table (Ext)	27	28 3:00 Science of Health Living (Wellsville)	29
30	31				THE STATE OF THE S	

Collegiate 4-H at The Ohio State University Presents:

Carving New Ideas

November 18-20th - 4-H Camp Ohio

11461 Camp Ohio Rd, St Louisville, OH 43071



Where will the journey take you?

Open to 8th-12th grade 4-H members, Carving New Ideas is a camping opportunity for older youth, concentrating on the principles of critical thinking and program facilitation. Campers will take a trip **Around the World** in our time together. Our focus this year will be on diversity. Sessions, speakers and even meals will challenge our understanding of how diverse our

Clubs, Communities, Countries, and World really are.

Participation at CNI will...

- **#** enhance leadership skills.
- **\$** connect you with other 4-H teens around Ohio.
- # look amazing on your Ohio 4-H Achievement Record."
- # be so much FUN!

REGISTER TODAY! regonline.com/cni2016

Or find us on Facebook- Collegiate 4-H at The Ohio State University

Questions? Contact Beth Boomershine at boomershine.10@osu.edu

Cost: \$60
Registration Deadline: 11/1
Arrive: Friday, 6-8PM
Depart: Sunday, 10:30AM







Carving New Ideas



REGISTRATION DEADLINE: November 11, 2016

Registration also available online with credit card payment at: regonline.com/cni2016

lame:			Male Female CIRCLE ONE		
County of 4-H Partici	pation:				
Email:					
Address:					
City:		State:	Zip:		
Phone:					
Date of Birth:	Grade in	n School: 8 th	9 th 10 th CIRCLE ONE		
Emergency Contact N	lame / Phone	9:			
T-Shirt Size: Small	Medium L	arge X-Large	XX-Large	XXX-Large	
Dietary Restrictions:		****			
REGISTRATION FEE: \$	\$60.00 Make c	heck payable to: <u>OS</u>	U Extension, Fro	anklin County	
	OSU Extension	nd payment to n, Franklin County ton Rd., Suite 100 143232	<i>'</i>		

Camper information packets will be sent to all registrants after the November deadline.



