



4-H NEWSLETTER

JULY and AUGUST 2020

www.columbiana.osu.edu

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NOTE FROM THE 4-H EDUCATOR...



It is hard to believe that I have been away from the office and teleworking for over 3 months. On the other hand, it has been amazing to take a moment and reflect on the work we have been doing through Extension during this time. We have worked extremely hard to strengthen our clubs through virtual meetings, created and implemented virtual project fair, strengthened connections with community partners through virtual programming, completed Virtual Quality Assurance for our youth, and introduced the 4-H Livestock Project Completion opportunity to just name a few. During these times of uncertainty, one thing that is certain is the ability to move forward and continue “to make the best better”. I would like to encourage all families, members, and volunteers to stay involved and to be active with our 4-H clubs, community service efforts, and continuous learning opportunities. Recently, we announced the 4-H Livestock Completion opportunity, I hope our youth take this opportunity to share their projects with us. Our newest update that has been released by the state office includes information about returning to in-person 4-H club meetings. Details have been sent to our volunteers and each volunteer has been required to complete a survey in response to the information. Our office is available to answer and discuss these guidelines with all families or volunteers as we work to make the best decisions for our families and clubs. I challenge our county to continue to “Make the Best Better” by inspiring our kids to do! The Extension Office is here to help with club planning and programming, project selection and questions, and as a county support. Reach out by calling 330-491-7291 or emailing Dimmerling.13@osu.edu.

Columbiana County Office of Ohio State University Extension Will Reopen with Limited Hours by Appointment Only

The Columbiana County office of OSU Extension will be reopening on Monday, July 6, 2020 with limited hours by appointment only.

The hours will be as follows:

Monday 8am-4pm

Thursday from 9am-3pm.

Appointments are scheduled by calling the office at 330-424-7291 or emailing Audrey Dimmerling, dimmerling.13@osu.edu, for 4-H youth development and Angie Keshock, keshock.3@osu.edu, for all other appointments.

We will ask that you call the office once you arrive at the building. We will meet you upstairs and do curbside at this time.

Per previous Ohio State decision, all OSU Extension activities planned through July 6 will continue to be held virtually or postponed. Ohio State will continue to evaluate and update plans based on evolving conditions with COVID-19.

When Extension employees are not in the county office, they will continue to telework. We are following strict guidelines to remain safe, and to keep our clientele safe as well. All service sector requirements for general office environments from the Ohio Department of Health will be strictly adhered to in each office.

If you have any questions, contact the local Extension office at 330-424-7291.

ADVISORS CORNER



4-H Calendar Year is from
October 1st– September 30th
New Volunteer Applications
are now available, contact
Audrey at 330-870-1165.

4-H Youth in Action

Recognizing the efforts of our youth
can build strong connections to future
learning and growth.

Ways to Recognize within 4-H Clubs:

Advisors can create awards

- Project Year Completion (1st , 5th,
10 year)
- Community Service Award
- Rising Star Award (1st year member)
- Leadership Award

Mail Greeting Cards

Greeting cards with a personalized note express-
ing the outstanding efforts of a youth .

Newspaper Article Submission

Highlight the positive works of individual mem-
bers or of a club effort . Include a picture for the
local newspapers to share.

**“If your actions inspire others to dream
more, learn more, do more and become
more, you are a leader.”**

John Quincy Adams



Recycling Matters to Columbiana County
Part 2 is now availableVIRTUALLY!

Schedule a time with Audrey to have her
join your clubs virtual meeting .

Club Community Service Opportunities

Please call the Extension Office

**If your club is interested in
helping out with some fun
projects.**



4-H FAMILIES' CORNER

4-H at Home!

Explore fun, educational activities for kids and teens to do
at home. Download the 4-H Home Activity Guide to ex-
plore hundreds of educational activities for kids!

Visit <https://4-h.org/about/4-h-at-home/>

Stay Connected!

Find me on Facebook! Search the profile name
Audrey Dimmerling and send me a friend re-
quest.

*Facebook LIVE Office hour is **every** Tuesday
at 11:30am and then again at 7:30pm.

MEMBER SPOTLIGHT

Abigail Hein



Abigail Hein is 15 years old and is a 5th year 4-H member of the Just Rite 4-H Club. She has enjoyed and completed a variety of still and livestock projects. Recently, Abigail has moved her love for animals into a business adventure. “One of the first memories, on the farm, involved animals. As I got older, I wanted to be able to turn my love for animals into a way to make money. My mom and dad have been very supportive of my ideas and helped me get my first Youth Farm Loan. My parents and I explored many different ideas that would fit our farm. We settled on the idea of adding to my existing Boer goat herd and expand to a commercial operation. Using the loan, I found Boer does that were nearly ready to kid. This would help to pay back the loan faster too. My commercial herd of Boer goats now consists of 11 mature does, 3 baby does, 5 baby bucks, and 2 mature bucks.”

Congratulations to Abigail on this business adventure!

UPCOMING CALENDAR OF EVENTS: PLEASE REFER TO YOUR JUNIOR FAIR BOOK FOR SPECIFIC DATES AND TIMES PERTAINING TO YOUR ANIMALS.

JULY 2020

Date	Time	What's Happening
7/6		Office Open with Limited Office Hours by Appointment Only
7/9		Virtual Project Fair Ceremony (a zoom link will be sent out to the families)
7/20	7:00 p.m.	4-H Program Advisory Committee Meeting (Zoom Meeting) A zoom link will be sent to Committee Members
7/21	ALL DAY	4-H PROJECT COMPLETION POWERPOINTS DUE Email submissions to Audrey Dimmerling at Dimmerling.13@osu.edu
7/21	6:00 p.m.	Trauma 101 Training for 4-H Advisors, Volunteers and Parents
7/28	10:00 a.m. and 6:00 p.m.	Thank you Letter Workshop (see enclosed flyer)
7/30		4-H Project Completion Award Ceremony look for more details to come.

AUGUST 2020

Date	Time	What's Happening
8/5-8/9		Junior Fair Market Only (see information from Senior Fair Board)
8/12	6:00	Thank you Letter Workshop (see enclosed flyer)

Ohio 4-H Project Showcase

This summer we invite 4-H members in good standing to submit a photo of themselves with their 4-H project for display in an online project showcase. You'll be asked to share what you liked about the project and one new thing you learned. Parents will also need to sign their approval for youth to participate.

Here's more:

- Select your favorite project – one per person
- Send a great photo – at least 2 MB

Photos will be display after September 8 at ohio4h.org

Submit your photos by August 15 at go.osu.edu/4H2020Showcase. Questions? Contact Sarah Longo at lon-go.79@osu.edu.

Tips for In-person 4-H Meetings & Events

Guiding Principles

- The health and safety of the 4-H community is our priority
- Transparency is essential – clear expectations must be communicated in a timely manner
- Be flexible – continue to provide options (including virtual ones) for participation to ensure 4-H members and families can remain safe given their individual circumstances, while maintaining an inclusive and flexible environment for all

Meeting Planning

- Send notices in advance of meetings and events outlining expectations. Include physical distancing requirements, encourage face masks, and a statement informing individuals they must not participate in-person if they or anyone in their household, is experiencing fever, cough, or shortness of breath
- Take attendance instead of passing around a sign-in sheet
- Plan ahead to provide six feet of physical distance and access to clean restrooms
- Know the maximum number of people who may safely be in the meeting space (occupancy limits)
- Provide all participants with individual copies of any educational materials
- Have attendees bring their own snacks and drinks

PPE (Personal Protective Equipment)

- Appropriate disposable procedure masks or cloth face masks are expected to be properly worn at all 4-H in-person activities
- Require face masks at individual interviews, skill-a-thon, and other judging events

Sanitizing Stations and Schedules

- Provide hand sanitizer that contains at least 70% alcohol
- Clean and disinfect the entrance/exit door handles and other high-touch objects or surfaces in the meeting space, as well as any accessible restrooms
- Clean and disinfect tables and chairs before and after use
- If using bleach, confirm that it is not expired and is intended for disinfection
- Follow manufacturer's instructions for application of bleach solutions, including proper ventilation

Practice & Encourage Good Hygiene

- Wash your hands often, with soap and water for at least 20 seconds, especially after touching any frequently used item or surface
- Avoid touching your face or other attendees
- Provide tissues and ensure there is a wastebasket to dispose of used tissues

Monitor Your Health

- Be alert for symptoms: fever, cough, shortness of breath
- Do not attend in-person activities if you or anyone living in your household is experiencing symptoms associated with the coronavirus, or any other communicable illness
- Follow CDC/ODH guidance if symptoms develop

Signage

- Post 4-H signage about symptoms, masks, hand hygiene, and physical distancing at your activities



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CFAES

OHIO STATE UNIVERSITY EXTENSION
COLUMBIANA COUNTY

Saying Thank You

Gratitude is the Best Attitude- How to write a Thank you letter

Showing your gratitude to a buyer, donor, sponsor, advisor or will go a long way. Learn the basics on how to make a real difference by saying Thank you.

JOIN US FOR A VIRTUAL WORKSHOP ON HOW TO WRITE A THANK YOU LETTER

Three Sessions Available

Tuesday, 7/28/2020 **10:00 a.m. or 6:00 p.m.**

Wednesday, 8/12/2020 **6:00 p.m.**

Location: ZOOM LINK-VIRTUAL

Cost: FREE

Details: Preregister by visiting

<https://go.osu.edu/thankyouworkshop>

Contact information: Audrey Dimmerling

330-870-1165 or Dimmlerling.13@osu.edu



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2020 Event Schedule

Sand Drags

May 16 (test/tune), Jun 13, Jul 24 (test/tune),
Jul 25, Sept 12 & 13, Oct 3

Mud Bogs

Mar 29, April 19, May 3, Jun 7, Jul 12,
Aug 2, Aug 30, Sept 20, Oct 18

Obstacle Course/Hill Climbs

June 6, July 26, Sept 19

more info? - www.tricounty4wheelers.com



New Members are Welcome

**Meetings are the first Friday
every Month, at our grounds**

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