



Columbiana County News and Notes

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Inserts:
Jr. Fair Barns & Farms Project

Everyone here at the OSU Extension office hope you “Wheel On Down” to the Columbiana County Fair. Come and see us inside the Jr Fair Building!
-Nicole, Angie & Kelley

2016 Columbiana County Fair August 1 through August 7, 2016



The Columbiana County Fair is fast approaching. You can find many of your fair related information in the “purple” Junior Fair Premium Book. If you did not receive your copy, contact the Fairboard office or the Extension office.

Junior Fair Advisory Committee

The Junior Fair Advisory Committee is your go to for all Junior Fair questions or concerns.

The following individuals are on the Junior Fair Advisory Committee:

- Owen Unkefer (Senior Fairboard/Jr FairBoard)
- Lynnelle Thompson Zimmerman (Senior Fairboard/ Jr FairBoard)
- Tom Moore (Senior Fairboard/Jr FairBoard)
- Curtis Veiock (Jr Fair Coordinator)
- April Stear (4-H PAC president)
- Becca Bock (Jr Fairboard youth president)
- Nicole Miller (4-H Educator)

The Junior Fair Advisory Committee is looking to have a FFA Representative also sit on this committee. If you are an FFA Advisor and are interested in sitting on the Junior Fair Advisory Committee, please contact Tresa Unkefer.

Fair Check Reminders

Sales Checks will be mailed out to the exhibitor. The address that you provided on your fair registration form is where the sales checks will be mailed to .

Thank You to the 4-H Program Advisory Committee for providing the funding to mail out this new letter.



How to Contact Us: Columbiana County Extension Office

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44432
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www.columbiana.osu.edu

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Kelley Casto
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Office Hours

Monday 8:00 a.m.- 4:30 p.m.
Tuesday 8:00 a.m. – 2:30 p.m.
Wednesday 8:00 a.m. – 2:30 p.m.
Thursday 8:00 a.m. – 2:30 p.m.
Friday Office Closed

UPCOMING DATES (dates are subject to change)

July 2016:			
Date	Time	Place	
7/1/16		Fair Office	DAIRY: Dairy Jr. Fair Registrations Due. Cheese cow must be listed and market as cheese cow
7/6/16	7:00 pm	Fairgrounds	SR. FAIRBOARD meeting
7/7/16	3-5 pm	Wellsville Library	SCIENCE OF HEALTHY LIVING
7/9/16	10:00 am	RTC building (fairgrounds)	TURKEY CLINIC: Skillathon practice
7/9/16		Fairgrounds	HORSE: PAS show
7/9/16		Fair Office	HORSE: Horse Stall Confirmation Due
7/11/16	6:00 pm	OSU Ext.	4-H Ambassadors meeting
7/11/16	7:00 pm	Fairgrounds	JR. FAIRBOARD meeting
7/13/16	9-12 pm	Fairgrounds	Splash Day Camp
7/13/16	7:00 pm	Fairgrounds	SR. FAIRBOARD meeting
7/14/16	3-5 pm	Wellsville Library	SCIENCE OF HEALTHY LIVING
7/14/16	8:00 pm	Fairgrounds	DAIRY CLINIC: Turn in Cow test papers & Tester Verification Shts (Questionnaire handed out at clinic)
7/16/16			BEEF: Beef Feeder In Possession, Beef Feeder & Beef Breeding Reg. Due
7/16/16	10-2 pm	OSU Ext.	GOAT: Goat Skillathon & Book Grading
7/16/16	9:00 am	Pocket Pet Barn (Fairgrounds)	POCKET PET: Health Check & Registration Papers Due
7/16/16		Fair Office	Jr. Fair Booth Request Form Due
7/18/16	7:00 pm	OSU Ext.	4-H PAC mtg.
7/20/16	6:30 pm	Fairgrounds	RABBIT CLINIC: Showing and fitting clinic
7/20/16	6:30 pm	Fairgrounds	CHICKEN CLINIC: Showing and Fitting Clinic
7/20/16	7:00 pm	Fairgrounds	SR. FAIRBOARD meeting
7/21/16	3-5 pm	Wellsville Library	SCIENCE OF HEALTHY LIVING
7/23/16	9-12 pm	Fairgrounds	BOOK GRADING
7/23/16	12:00 pm	Fairgrounds	HOG CLINIC: following book grading
7/23/16		Fairgrounds	HORSE: YEA Show
7/25/16	7:00 pm	OSU Ext.	JR LEADERS mtg.

July 2016 Continued:

Date	Time	Place	
7/26/16	6-7 pm	Fairgrounds	LAMB: Lamb carcass check in & live weigh
7/26/16	6-7 pm	Fairgrounds	HOG: Hog carcass check in & live weigh
7/27/16	7:00 pm	Fairgrounds	SR. FAIRBOARD meeting
7/28/16	3-5 pm	Wellsville Library	SCIENCE OF HEALTHY LIVING
7/28/16	5:00 pm	Kiko Meats	LAMB: Carcass Judging
7/28/16	5:00 pm	Kiko Meats	HOG: Carcass Judging
7/29/16	6-7 a.m.	RTC building (fairgrounds)	TURKEY: Carcass drop off
7/30/16		Fairgrounds	Overnight Permit Due to Fair Office
7/30/16	9-6 pm	Fairgrounds	Jr. Fair Booth set up
7/31/16	9-3 pm	Fairgrounds	Jr. Fair Booth set up
7/31/16	1-7 pm	Fairgrounds	HOG: Check In & Weigh In

THINGS TO REMEMBER FROM JULY

- 7/16/16, Goat Book Grading & Skillathon
- 7/23/16, Book Grading For ALL Except Goat
- 7/23/16, Skillathon For Species
- 7/13/16, 4-H Splash Day Camp

Register by 7/12/16

Don't forget about Skillathon!

To be able to compete for outstanding youth, any Jr. Fair participant must complete Skillathon along with all other requirements for that species of animal.

Three Score Factors for Outstanding Youth:

- Class Placement
- Showmanship
- Skillathon

Turkey Skillathon Available for County Youth

The Turkey Committee put together Skillathon books that youth can "check-out" to help them study for the Skillathon. You can either get one from the Extension office or by calling Dale Cusick, Turkey Committee Chair, at 330-692-2999 or George Brantingham at 330-222-1748.

July 31st – August 7th

Date	Time	Place	
7/31/16	1-7 pm	Hog Barn	HOG: check in & weigh in
7/31/16	6-8 pm	Beef Complex	Dairy Beef Feeder: optional check in
7/31/16	5-7 pm	Beef Complex	Steer: optional check in
8/1/16	11:00 am	Jr. Fair Bldg.	Booth Judging
8/1/16	6am-3pm	Beef Complex	Dairy Beef Feeder: check in
8/1/16	7am-12pm	Beef Complex	Steer: check in
8/1/16	7am-8pm	Beef Complex	Beef Breeding: check in
8/1/16	7am-8pm	Beef Complex	Beef Feeders: check in
8/1/16	8am-5pm	Goat Barn	Goat: check in
8/1/16	8am-5pm	Sheep Barn	Lamb: check in
8/1/16	8am-5pm	RTC Building	Poultry & Waterfowl: check in
8/1/16	8am-5pm	RTC Building	Rabbits: check in
8/1/16	8am-1pm	RTC Building	Turkeys: check in
8/1/16	6:00 pm	Pocket Pet Barn	Pocket Pets: Check in by 6:00 pm
8/1/16	8:00 pm	Horse Barn	Horses, Colts and Ponies: check in by 8pm
8/1/16	8:00 pm	Dairy Barn	Dairy: check in by 8pm
8/1/16	5:00 pm	Grandstands	OPENING CEREMONIE: 4-H King & Queen crowning
8/1/16	6:00 pm	RTC Building	Poultry: Market Project Results Announced
8/1/16	7:00 pm	RTC Building	Rabbits: Market Judging
8/2/16	8:00 am	Coliseum	Hog: Market Judging
8/2/16	1:00 pm	Beef Complex	Dairy Beef Feeders: Feeder Judging
8/2/16	3:00 pm	Coliseum	Goat: Pygmy Goat Show
8/2/16	5:00 pm	Coliseum	Lamb/Sheep: Judging for market and breeding
8/3/16	8:00 am	Coliseum	Dairy: Showmanship then Judging
8/3/16	9:00 am	RTC Building	Turkey: Market Judging
8/3/16	12:00 pm	Grandstands	Kids' Pedal Tractor Pull and Activities
8/3/16	4:00 pm	Coliseum	Goat: Boar & Market Show
8/3/16	6:00 pm	Beef Complex	Steer: Market Judging
8/4/16	8:00 am	Coliseum	Goat: Dairy Goat Judging
8/4/16	10:00 am	Beef Complex	Steer: Showmanship
8/4/16	10:00 am	RTC Building	Poultry & Waterfowl: Judging & Showmanship
8/4/16	6:00 pm	Beef Complex	Steer, Cheese, & Dairy Beef Feeder Sale
8/5/16	8:00 am	Horse Arena	Horse: Judging
8/5/16	9:00 am	RTC Building	Rabbit: Judging
8/5/16	1:00 pm	RTC Building	Rabbit: Showmanship
8/5/16	1:00 pm	Beef Complex	Beef Feeder/ Beef Feeder: Judging
8/5/16	6:00 pm	Coliseum	Dairy Judging Contest
8/6/16	8:00 am	Horse Arena	Horse: Judging
8/6/16	2:00 pm	Beef Complex	Rabbit, Turkey, Poultry, Goat, Fudge Baskets, & Lamb Sale
8/6/16	5:00 pm	Coliseum	Hog Sale
8/7/16	9:00 am	Fairgrounds	Super Showmanship: Beginning in RTC building

Other August 2016 Dates:

Date	Time	Place	
7/8/16	7 pm	Fairgrounds	Jr. Fairboard Meeting
7/11/16	3-5 pm	Wellsville Library	SCIENCE OF HEALTHY LIVING
7/15/16	7 pm	OSU Ext.	4-H PAC Meeting
7/17/16	7 pm	Fairgrounds	Sr. Fairboard Meeting
7/18/16	3-5 pm	Wellsville Library	SCIENCE OF HEALTHY LIVING
7/25/16	3-5 pm	Wellsville	SCIENCE OF HEALTHY LIVING

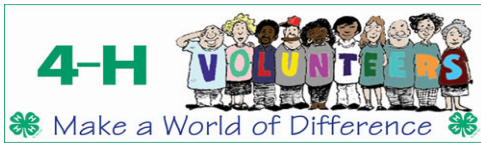
Upcoming Dates

- **OHIO STATE FAIR**
July 27th – August 7th
- **FARM SCIENCE REVIEW**
September 20th – 22nd
Advanced tickets will be available at the Extension Office by mid- August

Drug Use Notification Forms

For those who are taking a market project, don't forget to fill out the Drug Use Notification Form. Remember to fill out a form for each market animal and to fill them out properly.

The Drug Use Notification Forms are available for pickup at the Columbiana County Extension Office or at Book Gradings on July 16 (goat book grading) or July 23.



4-H Advisor Corner

[Ohio 4-h.org](http://Ohio4-h.org)

This is a great resource to you as an advisor. You can find the following :

- Club Management Resources, Policies and Procedures
- Finances
- Ohio 4-H Volunteer Handbook

Book Grading

Remember to grade your club members' books before committee book grading. Books only need checked to see if children are working on them not for completion. Committees will check for completion. Goat book grading will be 7/16/16 and All other species book grading 7/23/16

Silent Action Basket

Keep working on those baskets! We are extending the date for the information on the baskets to July 15 but no later than that. Baskets are due to the Jr. Fair Building on July 30-31 during booth set up time.

Teen Leaders

We will be sending more information to the advisors concerning Teen Leaders.

4-H Youth Fair Wristbands

The OSU Extension office will be contacting you the first week of July to make sure that all the youth in your 4-H Clubs are in good standing in their club. We will be giving the list of names to the Senior Fairboard by July 15th.

4-H PAC

You are invited! We need our 4-H Advisors' input at the 4-H Program Advisory Committee Meetings.

Program Areas we are trying to grow in our Community:

School Enrichment Programs
Healthy Living Programs

Questions?

If you have any questions contact the Extension Office at 330-424-7291

INFORMATION FOR COMMITTEE MEMBERS

4-H Program Advisory Committee Meeting

Reminder:

Committees are encouraged to send 1 representative from their committee to the 4-H PAC meeting each month.

The Committees also need to turn in a copy of the current meeting minutes to the OSU Extension office for us to keep on file.

The next 4-H Program Advisory Committee Meeting dates are:

Monday, 7/18/16

Monday, 8/15/16.



TEEN LEADERS

Under recent decision by OSU Extension, Ohio 4-H Ambassadors and Ohio Teen Advisory programs will be merging to form what will now be called Teen Leadership Council. Columbiana County OSU Extension will be doing the same to align ourselves with the state 4-H programs. We will be merging 4-H Ambassadors and Jr. Leaders to form Teen Leaders. Combining these two leadership groups in similar ways as OSU Extension at the State level will help leadership from our county to strive to be leaders at the State level. Teen Leaders will be open to all 4-H members ages 14 to 18 who are interested in doing community service and promoting the 4-H program. Our First meeting will be September 26 at 7:00 pm in the Extension Office. Applications will be distributed to 4-H Club Advisors to give to their 4-H Teens in their clubs. We will also have them available at our office. Applications will be due August 16th.

Summer Day Camps...

Sponsored by the 4-H Ambassadors

4-H Ambassadors are planning Summer Day Camps

The 4-H Ambassadors are planning a Summer Day Camp that is open to all youth in Columbiana County.

*Ready to splash your way into summer? Join us for a wonderfully wet morning at the **annual Splash Camp on Wednesday, July 13th, from 9:00AM - 12:00PM at the county fairgrounds (for only \$5.00 per child)**. Kids from 5 to 12 years old will work out their science and engineering know-how, strengthen their teamwork talents, and get thoroughly soaked! Register by July 12th*

Two ways to register: Call the Extension office at 7989 Dickey Dr, Lisbon, OH 44432 or call the Extension office at 330-424-7291.

The Ambassadors will be putting flyers up all over the community for this event.

Program Advisory Committee Scholarship Recipients 2015

Last year three individuals were awarded the 4-H Program Advisory Committee Scholarship. We would like to highlight how 4-H has impacted them and how they are advancing their education.

Whitney Steer is attending The Ohio State University ATI majoring in Animal Science and Nutrition in her third year of school. Whitney says "4-H taught me how to be passionate and work hard toward something I want. It also taught me how to be a leader." She is currently interning at Witmer's Feed & Grain in Columbiana Ohio

Hannah Jarvis is attending The Ohio State University majoring in Animal Science in her first year of school. Hannah says "4-H was undoubtedly the greatest impact on my life. Not only has it given me animal experience for my major, but it trained me to be a leader and successful adult." Even though Hannah's time as a 4-H member has passed, she plans to continue her involvement in the 4-H program and is grateful for her time in 4-H.

Courtney Hephner is attending Kent State University majoring in Speech Pathology in her first year of school. Courtney says "I met many of my best friends in 4-H, and many of those friendships are still very close today. I will be forever grateful for all of the wonderful memories 4-H has given me."

The 2016 Program Advisory Committee Scholarship recipients will be awarded at the July meeting.

Health & Safety Day

Health & Safety Day was on June 9th at the Columbiana County Extension Office. The participants all did very well on either posters or presentations even though we had about 10 participants. This was a good start for rebuilding our Health & Safety Day and we are hoping for more involvement in the future.



This year's 4-H camp at Camp Whitewood was June 12th - 18th. Columbiana County partnered with Lake County to put on a great week of camp. We had 75 campers and 26 counselors between both counties. The great weather and the wonderful campers made the week a blast. The week consisted of traditional camp activities as well as STEM activities provided by our guest Dr. Bob from The Ohio State University. Time to start planning for next year!

OSU Extension Healthy Living Summit

Healthy Living is a growing concern in our community for all ages. OSU Extension in Columbus will be holding a Healthy Living Summit in November. The Healthy Living Summit will focus on getting interest in living healthy and how to help others make the same healthy decisions as well. The OSU Extension Columbiana County Office is looking for teens 14-18 that would be interested in learning how to become a Healthy Living Advocate in our community. We will be doing things in Columbiana County and also the State Level. If you are interested or have any questions, please contact The OSU Extension Columbiana County Office.



EFNEP

GREEN PINEAPPLE SMOOTHIE

KITCHEN GEAR

Sharp knife
Cutting board
Measuring cup
Measuring spoons
Blender

INGREDIENTS

- 1 cup plain low-fat yogurt or almond milk
- 2 overripe bananas, peeled, sliced, and (ideally) frozen.
- 2 cups pineapple chunks (fresh, frozen, or unsweetened canned)
- 1 cup kale leaves with their thick stems removed, or spinach leaves, washed well
- 1 tablespoon fresh lemon juice
- Pinch of salt
- 2 ice cubes (if bananas weren't frozen)

INSTRUCTIONS

- 1 Put all the ingredients in the blender
- 2 Put the top on tightly. Turn the blender to a medium setting and blend until the mixture is smooth, about 1 minute. (Add up to 1 cup cold water if mixture is too thick to blend.)
- 3 Serve right away or cover and refrigerate up to 1 hour.

EFNEP

EFNEP (Expanded Food and Nutrition Education Program) is a free nutrition education program offered in several counties in Ohio for low-income adults with children and youth. Program assistants use interactive discussions and hands-on activities to guide participants through a series of meetings aimed at improving the total family diet and nutritional well-being.

The adult program teaches low-income adults with children how to make healthier food choices, manage their food resources, improve their food safety practices, and provides ideas on how to get active with their families.

The youth program teaches kids about nutrition, food preparation, food safety, and physical activity during a six-week, interactive program in classrooms, after-school programs/camps, and summer feeding sites.

EFNEP is funded by the National Institute of Food and Agriculture (NIFA), a branch of the United States Department of Agriculture (USDA). The program operates through Extension offices at land-grant institutions in every state and in the six U.S. territories. In Ohio, EFNEP is administered by Ohio State University Extension.

If you are interested in having these classes, please contact Kelley Casto at 330-424-7291.

JUNIOR FAIR UPDATES

Jr. Fairboard is working in collaboration with The Morning Journal to highlight historical farms and barns in our county. There is an attached paper to the newsletter over what the Jr. Fairboard members will be asking.

Any questions pertaining to Jr. Fair call Curtis Veiock, Jr. Fair Coordinator, at 330-272-1696

Ohio State University Extension

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Jim Hoppel, Mike Halleck, and Tim Weigle**

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*Roger Rennekamp, Associate Vice President for Agricultural Administration; Associate Dean, College of Food, Agricultural, and Environmental Sciences; Director, Ohio State University Extension; and Gist Chair in Extension Education and Leadership.
TDD/TTY - 1-800-750-0750*

IMPORTANT WEB SITES & PHONE NUMBERS:

OSU Extension/Columbiana County

<http://columbiana.osu.edu>

4-H National Website www.4-h.org

Junior Fair Board

<http://ccjrfairboard.wix.com/ccjrfairboard>

Contact: Curtis Veiock

Columbiana County Fair www.columbianacountyfair.org

Contact: Tresa Unkefer (Secretary)

Fair Office: (330) 424-5531

